



Anorexia and bulimia Quebec

RESOURCES

RESOURCES IN MONTREAL: ADULT

Douglas University Institute of Mental Health Eating disorders programme for those 18 and older	514 761.6131 # 2895	www.douglas.qc.ca
Montreal General Hospital Clinic offering therapy with fee for those 18 and older suffering from bulimia or binge-eating disorder	514 485.7772	www.cusm.ca
Herzl Family Practice Center, Jewish General Hospital : Medical and psychotherapy services for those 13-19 years olds	514 340.8242	http://www.jgh.ca/en/HerzlFamilyPracticeCentre
Argyle Institute of Human Relations Clinic offering therapy with fee for those suffering from an eating disorder	514 931.5629	www.argyleinstitute.org
Clinique Psychoalimentaire – Private clinic offering a variety of services to adolescents and adults	514 507-9456	www.psychoalimentaire.com
BACA Private clinic offering a variety of services.	514 544.2323	www.cliniquebaca.com
Eating disorders unit of McGill University Services for full time McGill University students	514 398.1050	www.mcgill.ca
Équilibre Center for the prevention of problems related to weight and body image	514 270.3779	www.equilibre.ca
Overeaters Anonymous Support groups for those suffering from binge eating.	En : 514 488.1812 Fr : 514 490.1939 1-877-509-1939	www.outremangeurs.org
MuUla Private Clinic Individual sessions and support group for those that are suffering from a problem related to weight and body image which diets doesn't meet their needs.	514 490.1001 info@muula.ca	http://muula.ca



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RESOURCES IN MONTREAL: CHILDREN AND ADOLESCENTS.....

Sainte-Justine Hospital Adolescence medicine clinic (11 to 17 years)	514 345.4721	www.chu-sainte-justine.com
Sainte-Justine Hospital Pediatrics (10 years and under)	514-345-4893	www.chu-sainte-justine.com
Montreal's Children Hospital Department of eating disorders	514 412.4481	www.hopitalpourenfants.com
Herzl Family Practice Center, Jewish General Hospital : Medical and psychotherapy services for those 13-19 years olds	514 340.8242	http://www.jgh.ca/en/Herzl-FamilyPracticeCentre
Douglas University Institute of Mental Health Pavillon Stearns	514 761.6131 # 2126	www.douglas.qc.ca
Clinique Psychoalimentaire – Private clinic offering a variety of services to adolescents and adults	514 507-9456	www.psychoalimentaire.com
BACA Private clinic offering a variety of services.	514 544.2323	www.cliniquebaca.com

RESOURCES LAVAL

CSSS St-Rose – Laval Services for those 14-20 year old living in Laval	450.687.5691 # 2144	
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RESOURCES AROUND QUEBEC

Clinique St-Amour – Saint-Romuald. Private clinic offering a variety of services to adolescents and adults	418 834.9825 1 800 678.9011	www.cliniquestamour.com
Maison de transition l'Éclaircie – Quebec. Community center for those 14 and older	418 650.1076 1 866 900.1076	www.maisoneclaircie.qc.ca
Centre hospitalier de l'Université Laval Quebec – Eating disorders programme for those 18 and older	418 654.2121 418 650.0092	www.pitca.com

RESOURCE IN SHERBROOKE

Centre hospitalier de l'Université de Sherbrooke – Sherbrooke. Eating disorder services for those under 18	819 346.1110	www.usherbrooke.ca/psychiatrie
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RESOURCE AT SEPT-ÎLES

Eki-lib santé Côte-Nord Côte-Nord. Community center for adolescents and adults	418 964.5926 1 877 968.3960	http://cote-nord.tripod.com/ekilib2000fr/
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RESOURCE IN CHICOUTIMI

Comité Enfaim – Chicoutimi. Community center for those suffering from eating disorder and parents	418 541.3065	www.comiteenfaim.ca
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RESOURCES FOR OTHER CANADIAN PROVINCES

National Eating Disorder Center (NEDIC)	1 866 633-4220	www.nedic.ca
Hopewell Eating disorders support centre – Ottawa, Ontario	613 241.3428	www.hopewell.ca
BANA (Bulimia Anorexia Nervosa Association) – Windsor, Ontario	519 969.2112	www.bana.ca
Danielle’s Place – Burlington, Ontario	905 333.5538, 1 866 277.9959	www.daniellesplace.org
EDOYR (Eating Disorders Of York Region) – York, Ontario	905 886.6632	www.edoyr.com
Hope’s Garden – London, Ontario	519 434.7721	www.hopesgarden.org
Sheena’s Place – Toronto, Ontario	416 927.8900	www.sheenasplace.org
Eating Disorder Action Group – Halifax, Nouvelle-Écosse	902 443.9944	www.edag.ca
Canadian Mental Health Association – Manitoba	780 955.7700	www.crha-health.ab.ca/eatingdis/
Women’s health clinic – Winnipeg, Manitoba	204 947.1517	www.womenshealthclinic.org



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HELPLINE AND INFORMATION

Suicide Action Montréal (24h)	514 723.4000 1 866 277.3553	www.suicideactionmontreal.org/
Association québécoise de prévention du suicide	1 866 277.3553	www.aqps.info
Multi-Écoute	514 737-3704	www.multiecoute.org
Halte Ami	514-987-8509	www.ecoute.uqam.ca
Déprimés anonymes Montréal (8h-24h)	514 278.2130	www.deprimesanonymes.org
Tél-Écoute 10h-22h 18 ans et +	514 493.4484	www.tel-ecoute.org/
Centre pour victimes d'agression sexuelle (24h)	514 934.4504	www.cpamapc.org
S.O.S Violence conjugale (24h)	514 873.9010 1 800 363.9010	www.sosviolenceconjugale.ca
Revivre (santé mentale) (9h-21h)	514.738.4873	www.revivre.org
Info Santé Montréal (24h)	811	www.msss.gouv.qc.ca
Centre de référence du Grand Montréal	514 527.1375	www.info-reference.qc.ca
Alcooliques Anonymes (9h-23h)	514 376.9230	www.aa-quebec.org
Al-Anon/Al-Ateen	514 866.9803	www.al-anon.alateen.org
Narcotiques Anonymes (24h)	514 249.0555 1 800 879.0333	www.naquebec.org
Drogue : Aide et référence (24h)	514 527.2626 1 800 265.2626	www.drogue-aidereference.qc.ca
Jeu : Aide et référence (24h)	513-527-0140 1-800-461-0141	www.jeu-aidereference.qc.ca
Dépendants affectifs anonymes	514 990.4744 1 877 612.4744	www.daa-quebec.org
Émotifs anonymes	514 990-5886	www.emotifs-anonymes.org
Gai écoute (8am-3am)	514 866.0103 1 888 505.1010 en: 514-866-5090	www.gai-ecoute.qc.ca
Phobies-Zéro	514 276.3105	www.phobies-zero.qc.ca
Jeunesse, J'écoute (24h)	1 800 668.6868	www.jeunessejecoute.ca www.kidshelpphone.ca
Tel-Aide (24h)	514 935.1101	www.telaide.org
Tel-Jeunes (24h)	514 288.2266 1 800 263.2266	www.teljeunes.com
La Ligne Parents	514 288.5555 1 800 361.5085	www.ligneparents.com